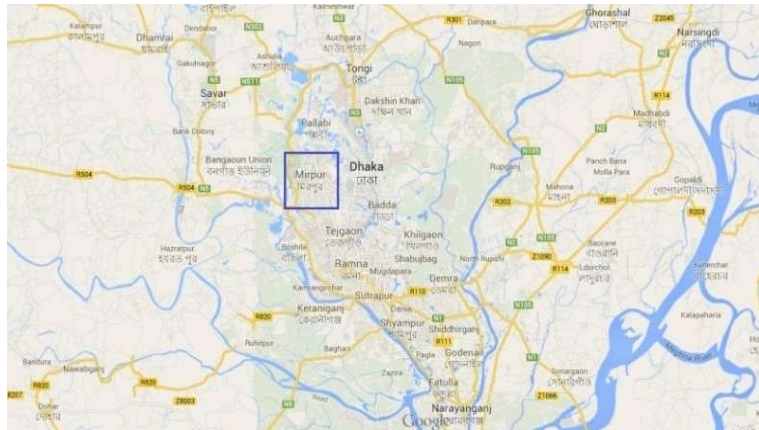


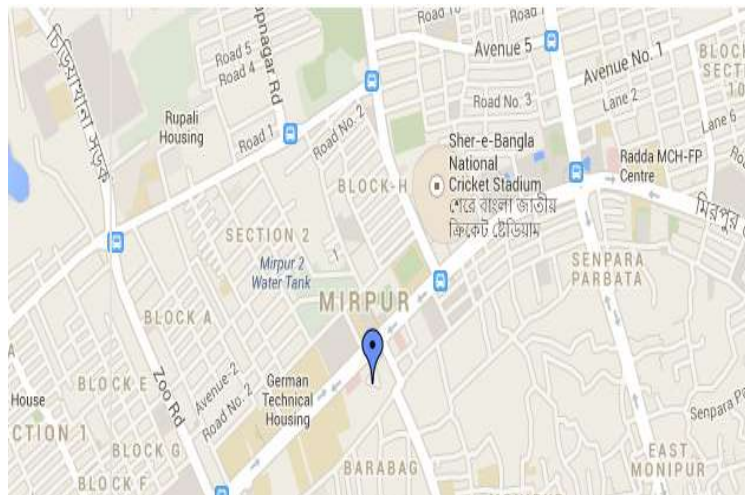
Guide to Bangladesh

Before you join the Yunus Centre as an intern, it is essential to have some background knowledge about living in Bangladesh. Some basic information's has been put together for your convenience, along with maps to show which part of the world you'll actually be working in.

Yunus Centre is located in Mirpur, very close to the city centre of Dhaka:



This is exactly where Yunus Centre is:



Language

Bangla is the language spoken in Bangladesh. Many people speak in English in Dhaka, but fewer do in the rural areas.

Hotel

Dhaka has numerous hotels with varying qualities. Some hotels you may want to consider may be:

- **Hotel Grand Prince** (near of Yunus Centre, \$17 per day. See: www.grandprince-dhaka.com)
- **MaerAchol** (near of Yunus Centre, 5-6 minutes walking distance. E-mail: dhaka_maerachol@yahoo.com)
- **Pan Pacific Sonargaon** (Website: www.panpacific.com/Dhaka)
- **Radisson Blu Hotel** (Website: www.radissonblu.com/watergarden)
- **The Westin** (Website: www.starwoodhotels.com/westin); etc.

*Note: Besides these hotels there are several sorts of hotel in Dhaka City. Please Contact us for further information on Hotel rate discounts.

Food

In Dhaka, you can budget food costs at US\$ 6-8 per day, although the cost may vary depending on the quality of food and/or restaurant. In rural areas, food costs will be lower, being around US\$ 4-7 per day. It is recommended that you refrain from street food while in Bangladesh to avoid health issues. As tap water is not drinkable in Bangladesh, bottled water can be purchased from most stores in both cities and rural areas. A typical Bangladeshi meal may consist of chicken, rice, vegetables, fish, boiled eggs etc. Fresh fruits are abundant in Bangladesh, with varieties such as mangoes, jackfruits, pineapples etc. being sold in markets all over the country, in different seasons.

Clothing

Bangladesh is a very conservative country, so covering up is important. Long and loose pants are mandatory, and nothing above the knee is acceptable. Long sleeve shirts are recommended, and a shawl is suggested for women.

Climate

The climate is sub-tropical with a mild winter from November to February, a humid summer from March to May, and a monsoon season from June to October.

Seasons	Temperature		Relative Humidity
	Maximum	Minimum	
Spring (Jan-Feb)	30.4	21.2	78%
Summer (Mar-May)	32.6	22.4	74%
Monsoon (Jun-Aug)	31.5	25.5	86%
Post-Monsoon (Sep-Oct)	30.5	21.4	80%
Winter (Nov-Dec)	26.5	13.9	73%

For more information about Bangladeshi politics, economy, history, culture and international relations, please visit

<<http://www.muhammadyunus.org/index.php/sub/1334-info-bangladesh>>

Transportation

Dhaka is a beautiful country but full of traffic like other cities. There are many transports to travel such as:

- Rickshaw: a three wheeler vehicles use to travel for short distant places at a price of 10-50 BDT, depending on the trip.
- CNG: this is a three wheeler motorized vehicles use to travel the distant places, cost between 100-300 BDT, depending on the journey.
- Taxi: you can get a car as a taxi cab to travel
- Bus: of course, buses are available for every possible route to travel in any place.

Living in Dhaka

While interning at Yunus Centre, it is convenient to stay in Mirpur. Here is some basic information about living in Mirpur:

You may buy your SIM card: MuktiJodhha Market, Mirpur 1, between Majar Road and Road 10

You may eat at:

- Shawarma House
- Western Grill
- Roshayan
- Purnima
- Bayleaf
- Grand Prince Hotel
- Grameen Kitchen

You may change your money at:

- Grand Prince Hotel
- Bashundhara City Mall
- Gulshan 2
- Banani, Kamal Ataturk Avenue

You may get your groceries from:

- Grand Prince Bazar, below Grand Prince Hotel
- GMart, Zoo Road, 1216

You may buy your clothes from:

- Grameen check
- Grand Prince Bazar

Speciality Shops in Dhaka City:

- Bashundhara Shopping Mall
- Aarong
- Jamuna Future Park (11th largest in the world)

Tourist places in Dhaka:

- Zoo at Mirpur
- Bangladesh National Museum, Shahbug
- Lalbagh Fort
- Ahsan Manjil
- Dhaka University Campus
- Hatir Jheel
- Gazipur Safari Park
- National Parliament House
- Dhanmondi Lake

Tourist places outside Dhaka:

- Chittagong
- Rangamati
- Cox's bazaar
- Bandarban
- Sylhet
- Khulna
- Bagerhat
- Taj mahal Bangladesh (Narayanganj)

Note: All these places in (DHAKA) can be reached by CNG or auto-rickshaw from Grand prince Hotel.